

# Leeds PDC 2012 Timetable – DRAFT – will be adjusted as we go along...

Day/ time	Sat 18 <sup>th</sup> Feb	Sun 19 <sup>th</sup> Feb	Sat 10 <sup>th</sup> March	Sun 11 <sup>th</sup> March	Sat 31 <sup>st</sup> March	Sun 1 <sup>st</sup> April	Sat 21 <sup>st</sup> April	Sun 22 <sup>nd</sup> April	Sat 12 <sup>th</sup> May	Sun 13 <sup>th</sup> May	Sat 26 <sup>th</sup> May	Sun 27 <sup>th</sup> May	Sat 16 <sup>th</sup> June	Sun 17 <sup>th</sup> June
<b>Arrivals</b>	9-9.20. Arrive a few minutes before the session starts, as we will always start promptly. A good opportunity to get food stowed away, make a cup of tea, chat and browse through the book and resources.													
<b>Opening</b>	9.20 – 9.30 Opening round – an opportunity for everyone to make announcements, say hello, shake up and wake up! Will include 'plant of the day'.													
<b>Session 1</b> 9.30-10.20	Intros & expectations Why are we doing the course?	Learning strategies	Understanding ecosystems	Pc design: archetypes, schematics, tools and techniques,	Allotments and intensive food production	Pc & the built environment	Course trip to Edibles Project Marsden Buildings & energy theory	Urban walkabout: Chapeltown Cornerstone Housing Coop	Social pc, Pc economies	Project planning	Design review and involving people in design	Group design exercise	Group design exercise	Design presentations
<b>Game</b>														
<b>Session 2</b> 10.30 – 11.20	Global context: what is the need for pc?	Design process overview	Pc principles (including project case studies)	Will include project case studies.	Zone 1: Permaculture garden strategies	Green buildings and natural buildings	Tour of Edibles' buildings & energy systems	Practicals	Bioregions	Aquaculture	Group design exercise	Contd.	Contd.	Design presentations
<b>Break</b>	11.20 – 11.40													
<b>Session 3</b> 11.40- 12.30	The permaculture response	Observation and microclimates	Contd.	Landscapes, spatial design and scales of permanence	Zone 2: Forest gardens and mushroom cultivation	Energy conservation and generation	Tour of gardens	Practicals	Four generations model	Deciding Group Design Projects	Contd.	Contd.	Contd.	Design presentations
<b>Lunch</b>	12.30 – 1.20 Shared lunch – bring food to share, please label vegan and meat dishes.													
<b>Session 4</b> 1.20-2.10	Observation walk: What does it mean to be alive?	Survey theory and exercise briefing	Soil food web	Pc landscapes: zoning game	Forest garden small design exercise	Small group design project: house and garden design	Practicals	Tim Harberd's	Visit to Bedford Fields	Graphics and drawing skills	Group design exercise	Group design exercise	Group design exercise	Extended lunch & presentation of certificates
<b>Session 5</b> 2.10 – 3.00	Film: Secrets of Eden	Survey exercise	Soil and permaculture	Trees for every space	Group presentations and feedback.	Contd.	Practicals		Contd.	International permaculture			contd	Where next?Diploma, projects, goals
<b>Break</b>	3 – 3.20 Short break to nip to the loo, get quick cup of tea and back to the next session													
<b>Session 6</b> 3.20 – 4.10	Pc overview	Making a base map	Holistic management	Zones &sectors group exercise	Zone 3: field strategies	Permaculture in the home	Visit Marsden projects	29 Sholebroke Mount	Visit to Cobden Road		contd		contd	My own next steps
<b>Session 7</b> 4.10 – 5.00	Pc case studies	Q&A Learning opportunities	Animals and permaculture	Q&A	Earthworks and keyline plan	Q&A, Mid way evaluation	Community projects	Q&A	Contd.	Q&A		Q& A: Design work check in	contd	Evaluation of course
<b>Closing</b>	5 – 5.15 Closing round – an opportunity to reflect on the day and say goodbye. Help to pack up and clean venue appreciated at the end of each day.													

**A list of the things we will include in the sessions – really an indication of what we will be covering during the course. Some things will be very quick – an explanation of the terms and where to find out more, other topics will be in more depth. This will depend partly on the group.**

### **Introductions & expectations**

- ⤴ Introducing the course
- ⤴ Why are we doing the course?
- ⤴ Tutor intros
- ⤴ Student intros
- ⤴ Skills we want to learn
- ⤴ Projects / properties / land we want to develop
- ⤴ Tutor and student expectations
- ⤴ Learning strategies

### **Permaculture overview**

- Background and history
- Observation exercise
- Permaculture- ethics, principles, design and key characteristics

### **Permaculture in the UK**

- Case-studies of current projects in the UK

### **Survey exercise**

- Working with fixed points and grids
- Measuring own pace
- Making and using an A-frame and water level
- Making a base map
- Identify other survey methods (eg GPS) and tools (eg laser)

### **Weekend evaluation & notices**

- Each weekend will end with an evaluation
- Different methods will be used to provide a range of methods for students to use in own projects

### **Permaculture Principles**

- Patterns in nature
- Input-output game
- Principles game will cover each principle and give examples
- Signposting key aspects of permaculture
- We will cover different sets of principles and how they were developed

### **Understanding ecosystems**

- Key concepts: energy, food webs, biodiversity, etc and their relevance to permaculture
- Climatic zones
- Soil food web as key example

### **Permaculture Design**

- Design process (OBRADIME, SADI)
- Patterns in Design
- Zoning
- Sectors
- Mcharg exclusion method
- Pattern Language
- Microclimates 1
- Involving people in design

- Thinking tools

### **Permaculture landscapes**

- Focus on permaculture zones 3,4 & 5.
- Zoning game to include patterns of elements
- Water in the landscape
- Trees and windbreaks
- Biodiversity strategies
- Broadscale approaches to farming
- Introduce Keyline planning and holistic management

### **Permaculture and the built environment**

- Focus on zone 0
- Buildings – new build and retrofit, eco homes, 'green' building and 'natural' building
- Transport
- Water, toilets, sewage
- Microclimates 2
- Design
- Passive solar case study: cornerstone bio-shelter
- Urban garden examples: urban harvest, skips, what if?, guerilla etc
- Appropriate technology - key concepts and technologies
- House retrofit design case study

### **International permaculture**

- Case studies: Jordan, El salvador, Malawi or Indonesia
- Scope of international network
- Drylands and tropical – examples and how to find out more

### **Social Permaculture**

- Four generations model
- Community practical (movement)
- Ecovillages, coops, co-housing
- Organisational design case study

### **Permaculture economies**

- Bioregions and design for local economies
- Credit unions and other economic strategies
- Who are we trading with?
- Cyclic clothing scheme in Leeds as example
- Legal structures, CSA

### **Permaculture Gardens**

- Focus on zones 1 & 2
- Composting
- Plants and plant assemblies / guilds
- Polycultures, companion planting
- Integrated Pest Management, Dynamic accumulators etc
- Myco-tech (mushrooms)
- Allotment gardening
- Forest gardens

### **Practicals**

- A series of afternoon sessions will be held
- We will try to cover as many different practical skills as possible, and use the practical sessions to bring the theory to life.

### **Urban Walkabout**

- Visit to a variety of locations in Leeds:
- 29 Sholebroke Mount, Tim Harberd's, Methleys and Eco-homes

### **Mini design exercise**

- Tutor led example in the field
- Student design work exercise in groups

### **Course Trip**

- Cornerstone housing coop:
- Irrigation
- Rainwater harvesting
- Tour of garden
- House retrofit examples
- Sketch map mini design exercise
- Old Slensingford Forest Garden and other projects

### **Project planning**

- What sort of project are you planning?
- Site selection and tips (contamination etc)
- Accessing land and buying land -tenure (Land of Roots case study, Ecological Land Cooperative)
- Project planning guidelines

### **Group Design Exercise**

- All students will work in groups over two weekends to develop a permaculture design.
- Presentations are made on the last day

### **Where next?**

- Diploma in Applied Permaculture Design
- Identifying own goals, projects and next steps
- Network – local and national
- Signposting other support and opportunities

### **Course evaluation**

- A mixture of tutor designed evaluation process and student's own evaluation methods

### **Phew!**